



ADNS Parent Handbook 2025-26

**Allen-Detweiler Nursery School
175 Rideau St., Kingston, Ontario
K7K 3H6**

Revised July 2025

ADNS is a co-operative nursery school that provides an innovative and specialized nursery school program in Kingston, Ontario.

Established in 1967, the school is named in memory of two Kingston women — **Isobel Allen** and **Joyce Detweiler** — who dedicated most of their lives to children's programs.

The school employs 3 teachers. **Lois Andrews RECE** is the Director and pre-school teacher. **Mary-Kate Christopher RECE** is also a pre-school teacher. **Jessie Smith RECE** is the toddler teacher. We periodically employ part-time teacher's assistants.

ADNS is licensed by the Ministry of Education. Parents are involved in decision making, fundraising, they provide snack and are welcome to volunteer in the classroom if they wish.

1. Program Statement

Allen-Detweiler Nursery School provides a happy, nurturing and safe environment for young children, where they can grow intellectually, physically and socially as they learn to live in the world around them. Our main emphasis is learning social skills through cooperative play and organized activities and to provide preparation for the school years.

"How Does Learning Happen?" Ontario's pedagogy for the Early Years (2014), guides our programs, ensuring high quality experiences that lead to positive outcomes in relation to every child's development, health and safety and well-being through play-based learning. We plan our programming with the view that children are **competent, capable, curious and rich in potential**. We also base our program around the four foundations of learning that are set out in "How Does Learning Happen?"

Belonging-every child has a sense of belonging when he/she is connected to others and contributes to their world.

Well-Being-every child is developing a sense, of health and well-being.

Engagement-every child is an active and engaged learner who explores the world with body, mind and senses.

Expression-every child is a capable communicator who expresses himself/herself in many ways. Our program goals and approaches are based on this knowledge of children and on the development of the whole child.

Our program statement is reviewed and revised annually if necessary to reflect our current goals from a programming perspective. As our Early Childhood Educators (RECE's) continue to learn, we continue to improve, therefore our program continues to evolve and improve as well.

In order to plan our programming, our RECE staff members, set goals and strategies in the following areas:

i) **Community Partnerships:** Collaboration between staff, families and children is paramount and we strive to keep our doors open to all community partners, giving us all the opportunity to learn from and grow with each other. We also participate in Intergenerational Programming with the residents of Rideaucrest Home. This relationship helps to foster cooperation and interactions between the different generations, benefiting not only the children and staff of our nursery school, but also the residents and staff of Rideaucrest Home. Providing these experiences has value beyond the toddler and preschool years.

ii) **Family Engagement:** The staff at ADNS engages in effective communication with our children and families each day creating a welcoming environment, where everyone feels they belong and are part of the ADNS family. Parents are encouraged to contact us anytime if they have any questions or

concerns about their child or our program. Pedagogy documentation of classroom activities can be found on our classroom boards, providing a visual for parents of the children's thinking and learning. Our program plans and any other information relevant to our programs are posted on these boards and the other information boards in the hallway. Family members are encouraged to join the class and share talents, skills and knowledge as well as volunteer their time and energy to the operation of the nursery school.

iii) **Child-initiated experiences:** We employ an emergent curriculum which relies on cooperation between the staff and the children to come up with program plans. Our program offers interesting, engaging and open ended activities that are meant to allow the children to explore and experience what is around them. The experiences that our classrooms offer are often based on interests initiated by the children and supported by the adults. Our educators observe the children in their program and base their curriculum around what they see and hear in order to maximize child engagement and experience.

iv) **Play and Inquiry:** Children will be given the opportunity to explore, play, inquire and discover through the use of open-ended materials, sensory experiences, invitations to play and process-based art experiences. We believe that children learn as a result of their own doing, through actions, relationships, inquiries, opportunities and repetition. A very important goal of play and inquiry is to inspire delight and develop curiosity and inquiry in the classroom, leading to a life-long love of learning.

v) **Promotion of health and safety, nutrition and well-being:** ADNS prides it's self on being a nut-free program. We have a healthy snack and lunch policy for all families to review to ensure that snacks and lunches provided meet the guidelines of Canada's Food Guide. All of our staff has Standard First Aid with CPR/AED Level C training; this includes training in Epi-Pen use, to meet the needs of all our children. We follow the KFL&A Public Health Unit guidelines for childhood illness.

vi) **Positive communication:** Children are encouraged to use positive communication with their peers and others in the school community through modeling, positive reinforcement and immediate feedback. Children are encouraged to expand their emotional literacy and self-regulation skills to accomplish interaction goals.

vii) **Positive and responsive interactions:** We believe that positive reciprocal relationships between staff, children and families are necessary in order for the children to be given the highest quality care. Families should feel a sense of welcoming and belonging in the classroom and feel that they can approach our staff at any time. We strive to build positive relationships through open communication, authentic responses and social inclusion.

vii) **Create a positive learning environment:** We believe that the learning environment should be considered the third teacher in the child's classroom after the families and the educator. The learning environment will be set up in such a way that child-initiated and child-directed activities can occur by allowing the children freedom to explore and interact with their environment. The learning environment will support each child's learning and development through observation of each individual child and responsiveness to their needs and interests.

ix) **Incorporation of a variety of types of play:** Our program involves a focus on both quiet and active play which accomplishes the development of the whole child while also giving each child the opportunity to experience and explore their interests. Each program day involves gross motor activities, group and individual experiences, opportunities for self-expression and quiet reflection.

x) **Continuous professional learning:** Lois, Mary-Kate and Jessie are Registered Early Childhood Educators (RECE's) with the College of Early Childhood Educators in Ontario. They have a Code of Ethics and Standards of Practice that must be adhered to, to be allowed to use this designation. As

educators they realize that continuous learning is essential to quality programming. In their profession they are constantly learning and they are committed to ongoing professional learning outside of their regular work hours. Professional learning opportunities include online research, attending workshops, seminars, focus groups and conferences as well as other professional training opportunities.

xi) Documentation of impact: Our educators are constantly observing the children in our program to learn more about what they enjoy, how they are most engaged and their developmental progress. These observations can be seen by our families through our pedagogical documentation, learning stories and planning webs on our parent boards in the entrance hallway. Parents are always welcome to ask their child's RECE, about this information. We work diligently to provide an excellent first school experience for the children. We take pride in creating a well-rounded, interesting and exciting experience for the children for whom we are privileged to spend our mornings with!

Program Statement Implementation Policy:

All staff, students and volunteers will read the Program Statement and sign off in the Policy and Procedures Binder prior to employment or prior to interacting with the children. Also, when the statement has been modified, or on an annual basis. The Director will review all sign offs by staff, students and volunteers and sign the review sheet to indicate that the process has been completed. These records will be retained in a secure place for three years.

The staff will create a play based, learning environment, that incorporates various open-ended activities based on the knowledge the children are competent, capable, curious and rich in potential.

Each class room will maintain a binder containing observations, plans and documentation to support our Program Statement. The teachers in each room will create pedagogical documentation that will be posted on the classroom bulletin boards, in the entrance hallway. This makes the children's thinking and learning visible for parents to see.

The director and staff will meet on a regular basis, to establish a clear understanding of the program statement, and to support each other with the delivery of the program statement. If the director feels that staff are struggling with the implementation of the whole program statement or a certain area of it. The director may arrange a one on one meeting with that staff member, have staff meetings on a more regular basis or arrange for professional development with the help of an outside individual who has expertise in our field.

The director and staff will use the documents "How Does Learning Happen?" Ontario's Pedagogy for the Early Years (2014), "Think, Feel, Act" and "Excerpts from Elect", to help guide and support our programming. At staff meetings we will review reflection exercises in "How Does Learning Happen?" the director and staff will attend all pertinent Professional Development that is available to help enhance our learning and understanding of Emergent Curriculum and "How Does Learning Happen?" and any other information sessions that are deemed appropriate.

The following practices are not supported or tolerated by our Program Statement or ADNS.

- Corporal punishment of a child;

- Physical restraint of the child, such as confining the child to a high chair, car seat, stroller or other device for the purpose of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing the child from hurting himself, herself or someone else, and is used as a last resort and only until the risk of injury is no longer imminent;

- Locking the exists of the child care centre for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures;

-use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame or frighten the child or undermine his or her self respect, dignity or self worth;

-Depriving the child of basic needs, including food, drink, shelter, sleep, toilet use, clothing or bedding; or

-Inflicting any bodily harm on children including making children eat or drink against their will.

Failure to comply with the Prohibited Practices Policy may result in one or more of the following:

- 1) Verbal Warning
- 2) Written Warning
- 3) Immediate Dismissal

Immediate dismissal will occur if the contravention of the policy is considered to be of a severe nature. This will be up to the discretion of the Director and /or the Board of Directors.

2. Program

Admission and Discharge Policy

ADNS runs two concurrent programs. The Toddler Program, is for children 18 months to 2.5 years and the Preschool Program, is for children 2.5 years to 5 years. Children are able to attend school for 2 to 5 mornings per week. Registration for our school year start in September begins March 1st for families already enrolled at ADNS. Registration opens to families on our waiting list on April 1st. Registration is ongoing until the classes are full for the current school year. Parents/guardians of children on our waiting list will be contacted via email by the director that a space has become available. They will be given a time frame of 48hrs in which to respond. Admission includes completion of a registration form, a medical form, and other forms deemed necessary by the Director, and if applicable, Anaphylaxis information. Families are also required to provide a copy of their child's up-to-date immunization record.

Families are free to withdraw their child at any time from the program by submitting one month written notice or one month payment in lieu of notice to the director. ADNS reserves the right to terminate services if procedures are not followed and if fees are not processed promptly.

Hours of Operation:

ADNS operates from September – June. We are closed for all Statutory Holidays including Easter Monday, 2 weeks in December for Christmas Break and 1 week in March for March Break. Occasionally, at the discretion of our Board of Directors our staff will be given a maximum of two Professional Development days per year. Notice will be provided to families so they can make alternate arrangements on these days.

Regular school hours: 9:00 am to 11:30am

Extended hours: 8:30 am to 12:30 pm (Preschool children only) Children who stay until 12:30 are required to bring their lunches.

Daily Schedule:

8:30 am to 10:00 am: Free Play including craft time for Preschoolers

9:00 am to 10:00 am: Free Play for Toddlers

10:00 am to 10:30 am: Tidy up and Bathroom Time for Preschoolers
Gym for Toddlers

10:30 am to 10:45 am: Snack Time

10:45 am to 11:05 am: Circle Time/Intergenerational Program for Preschoolers: Crafts, Diaper Checks, Bathroom Time for Toddlers.

11:05 am to 11:30 am: Gym for Preschoolers; Circle Time for Toddlers

Base Fee's per month

Toddler (age 18 months-2.5 years)

Days/week	Regular Hours
2	\$215
3	\$323
4	\$429
5	\$537

Preschool (age 2.5-5 years)

Days/week	Regular Hours	Extended Hours
2	\$206	\$301
3	\$307	\$449
4	\$406	\$595
5	\$517	\$695

A \$60 base registration fee is due at the time of registration.

ADNS will not be participating in the \$10.00 a day Child Care Fee Program that was announced by the Ontario Government in Spring 2022.

NSF Cheque Policy

If ADNS receives notice from the bank of an NSF cheque, the following will apply:

-Full payment of outstanding fees are due immediately.

-In the event the ADNS receives two or more notification of an NSF cheque all subsequent payments must be paid in cash. Payments by cheque will no longer be accepted.

-An additional non base fee of \$25.00 will be added to all NSF cheques.

Water Bottles

Children must bring their own labeled unbreakable water bottle to school. They should be placed in the designated area in each classroom. Due to health regulations, the bottles may not be washed at school, so please take them home for washing at the end of the school day.

Clothing

Dress your child in clothing appropriate for inside play. Their clothes should be able to withstand the occasional stain of glue, paint, etc. Running shoes are preferred, for safety reasons. In case of accidents, please supply your child with a labeled change of clothes each day, to be left in their backpack. Gross Motor activities take place in our indoor gym space. Please ensure your child has running shoes for these activities.

Parking

ADNS is located at the back of Rideaucrest Home. To access the school parents are asked to drive down North St. and around to the back of Rideaucrest. There is a parking lot that parents can park in while dropping off their children. Please be mindful of the spots that are reserved for other people.

Please remember this is a drop off/pick up area. Drive slowly and be mindful of the children. If you are volunteering for the morning, please use the pay parking lot on the north side of Rideaucrest off of Rideau St.

School Closings

On days of inclement winter weather it may be necessary to cancel classes. As a general rule, if the local school buses are canceled, the school will be closed. However, the Director and President of the Board do make the final decision. If the weather appears poor and we decided to close the school, there will be an updated message on the answering machine at the school and an email will be sent by 8am.

Staff Professional Development

At the discretion of the Board of Directors, there may be up to 2 PA Days a year granted to our staff to attend Professional Development work shops. On these days the school will be closed. Adequate notice will be given to families as to when these days will be, so they have ample time to make other arrangements for their child on this day.

Parent-Teacher Interviews

If you wish to discuss your child's progress at any time, please make an appointment with your child's teacher. Interviews can then be carried out when your child and other families are not present.

Communication

ADNS communicates school related information through the following means:

-Bulletins Boards: Information is posted regularly outside the in the hallway. In accordance with our *Serious Occurrence Policy*, any serious occurrence will be posted to the bulletin boards within 24 hours of the event. **Newsletter**-a newsletter is created monthly and sent via e-mail to all families.

ADNS website-the school has a website, where we post snack schedules, events, past newsletters and more. Parents can also ask for information to be posted there.

Monthly Board Meetings

Meetings are held at the discretion of the Executive Committee and all parents are encouraged to attend. Dates and times will be posted well in advance on the bulletin board, in the Newsletter, on the ADNS website and/or via e-mail notices. The school's Annual General Meeting will be held in September.

E-Mail

Often the Director or the Communications Member of the Board will send up dates about activities in the classroom or Fundraising Events out to our parent group by email. Please make sure your preferred email is listed on your child's registration form.

3. Family Responsibilities

As parents of a child at ADNS, you are members of a parent led co-operative nursery school. The very existence of the school depends on your commitment and dedication throughout the school year. The parent body works together toward common goals, the most important of which is to provide a happy, safe, satisfying Nursery School experience for our children.

Your annual responsibilities in the co-op are:

- Snack Day
- Volunteering for one of a number of positions
- Participating in school activities and events as able

Volunteering

As a co-op, the costs of operating the school are kept down by employing our parents in volunteer roles. As a member of ADNS, each family must take on one volunteer position. The school offers various volunteer opportunities, including:

A. Membership on the Board

The Board is responsible for hiring teachers, applying for grants, budgeting, marketing and fundraising. The Executive Committee along with the Director carry out these and other duties. However, it is the Executive Committee, and hence, the members of ADNS, who bear final responsibility for the school. Board Members are also expected to attend monthly Board Meetings.

A number of positions, each with its own set of responsibilities, must be filled each year, including:

- President
- Vice-president
- Treasurer
- Secretary
- Marketing
- Communications
- Fundraising Coordinator

B. Fundraiser Organizers

ADNS carries out fundraisers throughout the school year including Christmas wreath and planter's sales, Christmas Tree Pick up and others at the board's discretion. Each of these fundraising initiatives requires a volunteer to oversee its marketing, ordering and distribution.

C. Family Involvement

Involvement by all families at ADNS is essential for the effective operation of the co-operative. The quality of the Nursery School is directly related to the efforts and commitments of all the school members. We encourage families to contribute wherever they can, both financially and with their

time. Parents and caregivers are always invited to circle time to share a special skill or experience with the class. We have fundraising activities throughout the school year which help us to keep up with the cost of operating. Parents wishing to volunteer in their child's classroom must be trained by the Director in the administration of and Epi-Pen, have read all pertinent policies and have provided the Director with a clear CPIC/VSC. Parents **will not** be permitted to volunteer in the classroom until all these criteria have been met. If families feel they cannot fulfill their volunteer obligations, they can choose to "opt out" by paying a non base fee of \$450 at the beginning of the school year.

4. Policies

Snack Policy

On your "Snack Day" you are required to provide snacks for 20 children in the Preschool Program or 9 children in the Toddler Program, in accordance with the ADNS Snack Policy included in your registration package. Snacks must be well-balanced (cover 2 or more food groups) and healthy (low sugar, salt and fat) Please ensure they are nut free/allergy free. Snacks may not be washed, cut or prepared in any way at home. All fruit, vegetables, cheese etc. must be washed and cut at school.

Lunch Policy

Parents are responsible for providing their child's lunch if they are staying for extended hours. Parents must ensure that their child's lunch is nut free/allergy free and meets the guidelines of the Canada Food Guide. Lunches should include items from each of the food groups. Some examples include: whole grain breads, fruit, vegetables, milk, cheese, yogurt, pasta, and cold meat. Please do not include foods that are high in sugar/fat or that are low in nutritional value: chips, candy, high sugar drinks etc. Lunches must be labelled and left in the basket in the hallway. Lunches, should include an ice pack. In the event you forget your child's lunch, the parents are responsible for coming back with a lunch before 11:30 or picking up their child at 11:30. ADNS does not provide lunches. Food allergy lists are posted in the classroom and on the parent board in the hallway, please keep us updated regarding your child's food allergies.

Sick Policy

As part of our Sick Policy mandated by the KFL&A Health Unit children with diarrhea and/or vomiting must not attend nursery school for at least 48 hours after these symptoms have ended. Also children must be "unmedicated fever free" for 24 hours before returning to school.

Immunization Policy

Under the Child Care and Early Years Act, children attending a licensed child care program must have up-to-date immunizations or a valid exemption. If you are unsure if your child's immunizations are up-to-date bring your child's record to the KFL&A Health Unit at 221 Portsmouth Avenue in Kingston. The immunization nurse will review your record and let you know if any immunizations are required. A copy of your child's immunization record must be given to the Director prior to their first day of school and any time your child receives a new immunization.

Safe Arrival and Dismissal Policy

Purpose

This policy and the procedures within help support the safe arrival and dismissal of children receiving care.

This policy will provide staff, students and volunteers with a clear understanding of their roles and

responsibilities for ensuring the safe arrival and dismissal of the children receiving care, including what steps are to be taken when a child does not arrive at Nursery School as expected, as well as steps to follow to ensure the safe dismissal of children.

This policy is intended to fulfill the obligations set out under Ontario Regulation 137/15 for policies and procedures regarding the safe arrival and dismissal of children in care.

Policy-General

Allen-Detweiler Nursery School will ensure that any child receiving care at the Nursery School are only released to the child's parent/guardian or an individual that the parent/guardian has provided written authorization to the Nursery School to release their child to.

Allen-Detweiler Nursery School will only dismiss children into the care of their parent/guardian or another authorized individual. The school will not release any children from care without supervision.

Where a child does not arrive in care as expected or is not picked up as expected, staff must follow the safe arrival and dismissal procedures set out below.

Procedures

Accepting a child into care

1. When accepting a child into care at the time of drop-off, program staff in the room must:
 - greet the parent/guardian and child.
 - ask the parent/guardian how the child's evening/morning has been and if there are any changes to the child's pick-up procedure (i.e., someone other than the parent/guardian picking up). Where the parent/guardian has indicated that someone other than the child's parent/guardians will be picking up, the staff must confirm that the person is listed on the child's registration form when the individual is not listed, ask the parent/guardian to provide authorization for pick-up in writing (e.g., note or email).
 - document the change in pick-up procedure in the daily written record.
 - sign the child in on the classroom attendance record.

When a child has not arrived in care as expected

1. When a child does not arrive at the Nursery School and the parent/guardian has not communicated a change in drop-off (e.g., left a voice message, sent an email or advised staff the day before), the staff in the classroom must:
 - inform the Director and they must commence contacting the child's parent/guardian no later than 10:00 am. The Director will send an email to the parent/guardian to confirm if the child will be absent or is still coming. If after 15 minutes no reply is received the Director will call the numbers for the parent/guardian listed on the child's registration form. If no one answers the Director will leave a message. If the director has not heard back from a parent/guardian after 15 minutes. The director will contact the Emergency person on the child registration form leaving a message if no one answers. The director will wait 15 minutes for a return call. If all the attempts to contact the family of the child's fail, the director will contact the President of the Board of Directors and together they will decide if it is necessary to reach out to the Police.

2. Once the child's absence has been confirmed, program staff shall document the child's absence on the attendance record and any additional information about the child's absence in the daily written record.

Releasing a child from care

1. The staff who is supervising the child at the time of pick-up shall only release the child to the child's parent/guardian or individual that the parent/guardian has provided written authorization that the child care may release the child to. Where the staff does not know the individual picking up the child (i.e., parent/guardian or authorized individual),
 - confirm with another staff member that the individual picking up is the child's parent/guardian/authorized individual.
 - where the above is not possible, ask the parent/guardian/authorized individual for photo identification and confirm the individual's information against the parent/guardian/authorized individual's name on the child's file or written authorization.

When a child has not been picked up as expected at 11:30 or 12:30 depending on their Program

1. Where a parent/guardian has not picked their child up by either 11:30 or 12:30 depending which program their child is enrolled in and they have not called or emailed to inform staff that they are running late. A staff member and the director will wait with the child, if after 15 minutes an adult has not arrived to pick up the child. The director will begin to call the parent/guardians contact numbers on the child's registration form, leaving messages if no one answers. If after 15 minutes no one has arrived to pickup the child and no has returned the calls. The director will call the Emergency contact on the child's form. If 45 minutes have passed and there has been no contact from the parent/guardian and the Emergency Contact can not be reached, the Director will contact the President of the Board of Directors to consider what the next steps will be. ie Contacting the local Children's Aid Society.

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Dismissing a child from care without supervision procedures:

Staff will only release children from care to the parent/guardian or other authorized adult. Under no circumstances will children be released from care to walk home alone.

Glossary

Individual authorized to pick-up/authorized individual: a person that the parent/guardian has advised the child care program staff in writing can pick-up their child from care.

Licensee: The individual or corporation named on the licence issued by the Ministry of Education responsible for the operation and management of the child care centre and home child agency.

Parent/guardian: A person having lawful custody of a child or a person who has demonstrated a settled intention to treat a child as a child of his or her family.

Anaphylaxis Policy

At ADNS, we sometimes have children who are at risk for potentially life-threatening allergies. Anaphylaxis is a severe allergic reaction that can be to foods, insect stings, medications, latex or other substances. While anaphylaxis can lead to death if left untreated, anaphylactic reactions and fatalities can be avoided. Education and awareness are key to keeping children with potentially life-threatening allergies safe.

Identification of Children at Risk:

At the time of registration, parents are asked about medical conditions, including whether children are at risk for anaphylaxis. Parents are required to complete a medical form. All staff, students and volunteers must be aware of these children. All parents will receive written information regarding any enrolling children with anaphylactic allergies. Further to that if a child joins the program midway through the year and they have an anaphylactic allergy all families will be notified by email of the child's allergy. Information will also be updated on the parent board in the hallway.

Responsibilities of the Parent:

- inform the school director of their child's anaphylactic allergy
- complete medication forms and the Anaphylaxis Emergency Plan (AEP) annually, including a photograph, description of the child's allergy, emergency procedure, contact information and consent to administer medication. The AEP must be signed by the child's parent and their physician/allergist.
- provide the school with an Epi-Pen with a pharmacy label. With the child's name, name of medication, the doctor's name, directions of administering and storage, date of purchase and expiry date.
- ensure that updated medications are provided to the school before existing medications reach their expiry date.
- advise school in writing if their child has outgrown an allergy or no longer requires an Epi-Pen. (A note from the child's doctor or allergist is also required)
- provide a back-up snack for their child. Parents are required to provide lunch.
- parents are encouraged to have their child wear medical identification.

Location of EpiPens:

- Epi-Pens will be worn in an Epi-Pen pack, in the Preschool room by the Director or her designate, in the Toddler room by the Toddler Teacher. The Epi-Pen will be taken to the gym area at gym-time. If an Epi-Pen is not available at the school for the anaphylactic child, that child cannot attend school that day. If a parent isn't willing to provide the school with an Epi-Pen that child may not stay in the program.
- The AEP which describes signs and symptoms of anaphylaxis and how to give an Epi-Pen will be posted in the kitchen, each play room, the block room, the parent board and in each classroom's attendance binder. This binder is taken to the gym/yard daily and outside on walks.
- If the child attends any field trips the parent will be responsible for attending along with the child. If a child goes for a walk with his/her class, a staff member will carry the Epi-Pen,

Emergency Procedure:

- An individual Anaphylaxis Emergency Plan (AEP) must be developed by the child's doctor or allergist along with the parent. The plan must be signed by the parent and the doctor/allergist. A copy of the plan will be posted in the kitchen, both playrooms, the block room, the parent board and in each classroom's attendance binder. This binder is taken to the gym daily and outside on walks. To respond effectively during an emergency, a routine has been established and will be practiced, similar to a fire-drill. During an emergency:
 - 1) One adult stays with the child at all times.
 - 2) One adult calls 911.
 - 3) Before administering Benadryl or an Epi-Pen check for;
 - the correct medication
 - the correct child

-the correct dose

-the correct route of administration

4) Follow the child's AEP. The Epi-Pen is administered at the first sign of a reaction. The use of and Epi-Pen will not harm a normally healthy child if the epinephrine was not required. Note time of administration.

5) When EMS arrives have the child transported to an emergency room even if the symptoms have subsided. Symptoms may recur hours after exposure to an allergen. Take any back-up Epi-Pen's along with the child.

6) Contact the child's parents.

7) One calm and familiar adult must stay with the child until a parent or guardian arrives.

Training:

The supervisor will review individual plans (AEP's), including emergency procedures, with all required individuals: staff, students and volunteers. Where a child has an anaphylactic allergy, these individuals will be provided with training on the procedures to follow in the event of a child having an anaphylactic reaction, including how to recognize the signs and symptoms of anaphylaxis and administer medication. A "train the trainer" model will be used to satisfy this requirement. A parent may train the licensee, supervisor or a program staff and this individual can then train the remaining individuals. The supervisor will review the anaphylactic policy, the individual plan (AEP) for a child with anaphylaxis and the emergency procedures in respect of the child with: all employees before they begin their employment, with volunteers and students who will be providing temporary care for or supervision of children at the nursery school, before they begin providing care or supervision; and at least annually after the first review and at any time when substantive changes are made to the policy, plan or procedure. Written documentation will be maintained. All staff, students and volunteers will sign-off on the Anaphylaxis policy and each child's AEP after they have been reviewed and training has taken place. This **must** be completed prior to classes starting or volunteering in the classroom.

Creating an Allergy-Safe Environment Guidelines:

Special care is to be taken to avoid exposure to allergy-causing substances. Strategies to reduce the risk of food allergies (e.g., Milk, egg, sesame etc.) and other allergies are developed in consultation with centre staff and parents of the allergic child at the time of registration. These possible allergen-foods will be avoided during snack time and in materials used for craft and sensory programming.

-Parents will be informed by email and allergy lists are posted on our parent board and each classroom, of any foods that are not allowed at the school and will be asked to bring snacks that are acceptable for the environment.

-During snack preparation if an allergen food has been provided in error it will not be added to the snack tray.

-The parent of the allergic child will be asked to provide daily snack for their child. Lunch is provided for the children by their parent. (Guidelines are provided in our lunch policy)

-Everyone will wash their hands before eating.

-There will be no food sharing at lunch times.

ADNS can be expected to create an "allergy-free: environment but its unrealistic to expect and "allergen -free" environment.

Medication

ADNS will only administer medication that is prescribed by a physician and with a parent's proper written authorization on the ADNS Medication forms.

Waiting List Policy

Policy:

The Child Care and Early Years Act, (2014) requires Licensees to establish and maintain a Waiting List Policies and Procedures.

Procedure:

Families wishing to be on the waiting list for Allen-Detweiler Nursery School must register on the City of Kingston Centralized Childcare Registry and Information Service at www.kingstonchildcare.ca.

How the Waiting List Policy works:

Our program runs from September to June. Families who are enrolled at Allen-Detweiler Nursery School (ADNS) are given first chance to enroll their children for the next September. This process happens in March. Registration opens to other families on our waiting list in April. Registration is on going until the classes are full for the current school year. Parents/guardians of children on our waiting list will be contacted via email by the Director that a space has become available. They will be given a timeframe of 48 hours in which to respond. If the Director does not hear from them during this time, they will be removed from the list and the next family will be contacted. ADNS encourages perspective families to come visit our space prior to registering their children.

To register parents/guardians must complete a registration form and any other forms deemed necessary by the Director. Families must also provide an up-to-date Immunization Record for their child. They must also provide the school with a \$60.00 base registration fee and their first month's fees to hold their spot. The monthly fees are based on the number of mornings your child attends. Post dated cheques are required for subsequent month's fees.

The waiting list information is private and confidential. It is only accessible to the Director of ADNS. Parents/guardians may contact the school at any time to ask about their status on the waiting list. The parent/guardian will be asked to provide pertinent information about the child to confirm their identity before any information is released to them.

Supervision of Students and Volunteers

ADNS welcomes student's and volunteers to participate in our programs. Students and volunteers are never left alone with the children, never counted in the staffing ratio and no one under the age of 18 is allowed to supervise a child. All students and volunteers are screened and oriented to the program.

Community Living Kingston

We are proud to partner with Community Living Kingston. They offer Child Care Resource Consulting Services to licensed childcare programs in the Greater Kingston area. Providing support for educators and programs to optimize inclusion and belonging for all children. At the request of the Director in collaboration with our classroom teachers a resource consultant will occasionally visit our program. They will observe our classrooms and provide feedback, suggestions and resources to our educators which will help ensure that individual needs of all the children are being met. If necessary, they help provide access to other community partners and consult with the creation of Individualized Support Plans.

Criminal Reference Check Policy (CPIC)/Vulnerable Sector Check (VSC)

The Ministry of Education and the City of Kingston requires that all licensed agencies demand CPIC/VSC's from all persons working with children. In keeping with this policy, all staff, volunteers and ECE students involved with ADNS will be asked to provide a satisfactory CPIC/VSC to the school before they are allowed to be with the children.

To obtain a CPIC/VSC, you can visit the Kingston Police Station at 705 Division St. and apply in person (the wait time is about 30Mins) or you can visit the Kingston Police Force website to order your CPIC/VSC on line. The fee is \$35 plus tax and I.D. is required. In cases where a volunteer cannot obtain a CPIC/VSC in a timely manner i.e where fingerprints are required you will not be able to volunteer with the children until your document has been received.

Emergency Management Policies and Procedures

ADNS has a policy that provides clear direction for the director and staff to follow during emergency situations. If immediate contact with the parents/guardians is necessary each family will be notified by a phone call. Otherwise information will be posted on the door and an e-mail will be sent to all families. Parents /guardians are welcome to read the complete policy by asking the director.

Prohibited Practices

The following Prohibited Practices are not permitted to be used by any individual on premise including staff, students, volunteers and parents.

- Corporal Punishment of a child
- Physical restraint of a child, such as confining a child to a highchair, car seat, stroller or other device for the purpose of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself or someone else and is used as a last resort and only until the risk of injury is no longer imminent.
- Locking the exits of the child care centre or home daycare premise for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures.
- Use of harsh or degrading measures or threat or use of derogatory language, directed at or used in the presence of a child that would humiliate shame or frighten the child or undermine his or her self-respect, dignity or self-worth.
- Depriving the child of basic needs including, food, drink, shelter, sleep, toilet use or bedding.
- Inflicting any bodily harm on the children including making children eat or drink against their will.

Monitoring Procedures

Every employee, volunteer, and student will be observed, usually on a daily basis by the director where time permits. A more formal observation will take place monthly with a summary of these observations. Concerns, if any will be recorded in the individuals file. These observations will assist in ensuring that all policies are being followed. If any contravention is observed, the Board of Directors will be informed and the following Contravention Policy will be followed.

- 1) Verbal Warning
- 2) Written Warning
- 3) Immediate Dismissal

Immediate dismissal will occur if the contravention of the Policy is considered to be of a severe nature. This will be up to the discretion of the Director and/or the Board of Directors.

Parent Issues and Concerns Policy and Procedures

Purpose:

The purpose of this policy is to provide a transparent process for parents/guardians, the child care licensee and staff to use when parents/guardians bring forward issues/concerns.

Definitions:

Licensee: The individual of agency licensed by the Ministry of Education responsible for the operation and management of each child care centre it operates (i.e. the operator)

Staff: Individual employed by the licensee (i.e. program room staff)

Policy:

General:

Parents/guardians are encouraged to take an active role in our nursery school and regularly discuss what their child(ren) are experiencing with our program. As supported by our program statement, we support positive and responsive interactions among the children, parents/guardians, child care providers and staff, and foster the engagement of an ongoing communication with parents/guardians about the program and their children. Our staff are available to engage parents/guardians in conversations and support a positive experience during every interaction.

All issues and concerns raised by parents/guardians are taken seriously by the Director and if deemed necessary the Board of Directors and will be addressed. Every effort will be made to address and resolve issues and concerns to the satisfaction of all parties and as quickly as possible.

Issues/concerns may be brought forward verbally or in writing. Responses and outcomes will be provided verbally, or in writing upon request. The level of detail provided to the parent/guardian will respect and maintain the confidentiality of all parties involved.

An initial response to an issue or concern will be provided to parents/guardians within five (5) business days. The person who raised the issue/concern will be kept informed throughout the resolution process. Investigations of issues/concerns will be fair, impartial and respectful to all parties involved.

Confidentiality:

Every issue and concern will be treated confidentially and every effort will be made to protect the privacy of parents/guardians, children, staff, students and volunteers, except when information must be disclosed for legal reasons (i.e. to the Ministry of Education, College of Early Childhood Educators, law enforcement authorities of the Children's Aid Society).

Conduct:

Our nursery school maintains high standards for positive interaction, communication and role-modeling for children. Harassment and discrimination will therefore not be tolerated from any party. If at any point a parent/guardian, provider or staff feels uncomfortable, threatened, abused or belittled, they may immediately end the conversation and report the situation to the supervisor and/or licensee.

Concerns about the suspected abuse or neglect of a child:

Everyone including members of the public and professionals who work closely with children, is required by law to report suspected cases of child abuse or neglect.

If a parent/guardian expresses concerns that a child is being abused or neglected, the parent will be advised to contact the local Children's Aid Society (CAS) directly.

Persons who become aware of such concerns are also responsible for reporting this information to CAS as per the "Duty to Report requirement under the *Child and Family Services Act*.

For more information, visit

<http://www.children.gov.on.ca/htdocs/english/childrensaidd/reportingabuse/index.aspx>

Procedures:

Student/ Volunteer Related:	Raise the issue or concern to, the staff responsible for supervising the the volunteer/student or to the Director. All issues or concerns about the conduct of students/ volunteers that put's a child's health, safety and well-being at risk should be reported to the Director as soon as parents/guardians become aware of the situation.
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Escalation of Issues or Concerns:

When parents/guardians are not satisfied with the response or outcome of an issue or concern, they may escalate the issue or concern verbally or in writing to the ADNS Board of Directors.

Issues or concerns related to compliance with requirements set out in the *Child Care and Early Years Act 2014* and Ontario Regulation 137/15 should be reported to the Ministry of Education's Child Care Quality Assurance and Licensing Branch.

Issues or concerns may also be reported to other relevant regulatory bodies (i.e. local public health department, police department, Ministry of Environment, Ministry of Labour, fire department, College of early Childhood Educators, Ontario College of Teachers, College of Social Workers etc.) where appropriate.

Contacts:

Lois Andrews, RECE, -Director 613-549-8427

Kingston Frontenac Lennox Addington Public Health 613-549-1233

College of Early Childhood Educators 1-888-961-8558 or www.college-ece.ca

Ministry of Education, Licensed Child Care Help Desk 1-877-510-5333 or childcare.ontario@ontario.ca

Nature of Issue or Concern	Steps for Parent and/or Guardian to Report Issue/Concern:	Steps for Staff and/or Licensee in responding to issue/concern:
Program Room-Related E.g: schedule, toilet training, indoor program activities, feeding arrangements, etc.	Raise the issue or concern to the classroom staff directly or the director.	Address the issue/concern at the time it is raised or arrange for a meeting with the parent/guardian within five (5) business days. Document the issues/concerns in detail. Documentation should include: the date and time the issue/concern was received; the name of the person who received the issue/concern; the name of the person reporting the issue/concern; the details of the issue/concern; and any steps taken to resolve the issue/concern and/or information given to the parent/guardian regarding next steps or referral.
General, Centre- or Operations-Related E.g: child care fees, hours of operation, staffing, waiting lists, etc.	Raise the issue or concern to the director or a member of the Board of Directors	
Staff-, Director, and/or Licensee-Related	Raise the issue or concern to the individual directly or the director. All issues or concerns about the conduct of staff, that puts a child's health, safety and well-being at risk should be reported to the director as soon as parents/guardians become aware of the situation.	Provide contact information for the appropriate person if the person being notified is unable to address the matter. Ensure the investigation of the issue/concern is initiated by the appropriate party within 5 business days or as soon as reasonably possible thereafter. Document reasons for delays in writing. Provide a resolution or outcome to the parent (s)/guardian(s) who raised the issue/concern.

Contacts

School phone: 613-549-8427

ADNS website:

www.adnschool.com

Director's email:

director@adnschool.com

Board of Directors email:

board@adnschool.com